

# 2021/2022 BUILD BACK A BETTER BORDERS RECOVERY FUND

## Assessment Form

For the purpose of assessment, projects have been ranked high, medium or low to reflect how strongly the application meets the criteria of the Build Back a Better Borders Recovery Fund.

**High** – a strong demonstration of how the project will assist recovery from the pandemic

**Medium** – provides acceptable examples of how the project will assist recovery from the pandemic

**Low** – lacks detail of how the project will assist recovery from the pandemic

### 1. Applicant Details

<b>Organisation name</b>	P.H.D FUNdamentals					
<b>Organisation structure</b>	SCIO					
<b>Application reference</b>	BBBB-TW-9					
<b>Theme of application</b>	Sport	Arts & culture	Environment	Community capacity	Community resilience	Intergenerational activity
	<input checked="" type="checkbox"/>	<input type="checkbox"/>				
<b>Project start date</b>	November 21			<b>Project end date</b>	April 22	

### 2. Organisation's Finances

<b>End of year balance</b>	£7,039.55
<b>Current bank balance</b>	£11,023.29
<b>Total cash/Unrestricted reserves available &amp; purpose</b>	£2,000
<b>Total restricted /committed funds &amp; purpose</b>	<p>£7,477.90</p> <p>There are funds in the groups account to cover the cost of the following:</p> <ul style="list-style-type: none"> <li>• equipment insurance and maintenance</li> <li>• renewal of first aid certification for coaches and volunteers</li> <li>• Club Membership to British Gymnastics including insurance for public liability</li> <li>• Young Coaches Programme, training replacement coaches (some of our young coaches have moved on to Further Education and moved away from Peebles)</li> <li>• small reserve in case of future restrictions or unplanned expenses, maintenance of equipment etc.</li> </ul> <p>Current balance has outstanding bills of £2430 for British Gymnastics memberships,</p>

	£1083.90 for hall hire for August and £634 entry into GymFest in November 2021, £400 bus hire (TBC), £500 for funded spaces, £320 for coach education left from Arnold Clark Grant.
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### 3. Project:

Outline of what the group plan to do to help people recover from the pandemic. Projects will be ranked higher if the application strongly demonstrates that they are meeting an identified need in the community. (e.g. area of deprivation, protected characteristics, tackling wellbeing and isolation, tackling climate change)

<b>High</b> <input checked="" type="checkbox"/>	<b>Medium</b> <input type="checkbox"/>	<b>Low</b> <input type="checkbox"/>
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Comment:

P.H.D Fundamentals are looking to run a new programme called 'Bounce Back'.

Bounce Back will be an approach that looks to encourage children back into active sport.

The group are looking to purchase 2 new trampolines along with safety mats and offer 20 funded spaces onto this programme for a 6 month period. It is hoped that the group can apply to other funders so that they are able to continue to fund places that wish to continue in this sport.

Bounce Back would look to offer trampolining to children returning to gymnastics after the pandemic which would support them to rapidly build back their skills and strength. Bounce Back will also be open to new participants and trampolining is a fun way to introduce children to both gymnastics and trampolining.

P.H.D FUNdamentals plan to increase their coaching team, to offer more sessions. Current classes also have to be adjusted to cater for Covid guidelines, which reduces the number of young people that can currently participate at one time. Additional trampolines would allow the group to engage with more young people during a session in a Covid safe way. The additional of 2 new trampolines would increase capacity to between 16 and 24 individuals per session. Currently only 10 individuals can be involved in a session.

Evidence of individuals, groups or communities likely to benefit from the new initiative and how they have been affected by the pandemic:

<b>High</b> <input checked="" type="checkbox"/>	<b>Medium</b> <input type="checkbox"/>	<b>Low</b> <input type="checkbox"/>
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Comment:

The club will work with local charities that they have successfully collaborated within in the past, including Peebleshire youth trust (PYT) and Borders Additional Needs Group (BANG) to offer 20 funded spaces to targeted individuals.

Young people identified through partners, will be offered spaces and supported to join the Bounce Back sessions. There would be no way to identify who received funded spaces and by offering a new session for everyone the group would allow access for all.

The group have previously offered PYT two free trampoline blocks in the past that have proved popular. Barriers to ongoing participation included cost and current gymnastic classes being full. Support from BBBB would create a new programme of activity with a focus on trampolining and would allow for 20 funded spaces to be offered to targeted young people. Additional trampolines also allow an increase in number of participants that can access a session at any one time.

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Expected <u>impact</u> of the new initiative and how will it help those most in need recover from the pandemic		
<b>High</b> <input checked="" type="checkbox"/>	<b>Medium</b> <input type="checkbox"/>	<b>Low</b> <input type="checkbox"/>
<p>Comment:</p> <p>Funding would allow for the increase in the number of funded spaces available and would build upon effective partnership working with local partners including PYT and social work. In increasing the number of trampolines available this will increase the number of shots and active minutes that each member in the class has on a trampoline. Currently sessions are restricted to 10 individuals which is 6 below the guidelines allow for more active time on the trampolines however, with two more trampolines the active minutes and coaching time would increase as children rotate around the trampolines.</p> <p>Demand to join gymnastics groups is high and the group started 3 new classes in November last year for gymnastics. As a club they have over 250 members.</p> <p>Securing funding for trampolines would increase the number of minutes that young people will be 'active'. Funded spaces will allow young people the opportunity to try and sport where costs and waiting lists may have been a barrier to participation previously.</p>		

**4. Project Expenditure:**

<b>Total Project Cost</b>	£15,698.40
<b>10% organisation contribution</b>	£1,569.84
<b>Request to BBBB</b>	£14,128.59

Item of expenditure	Cost
2 x trampoline and 2 pairs of lifting rollers for storage and transport	£12,000
2 x end decks (safety mats at end)	£1,718.40
20 Funded spaces for six months	£1,980
	£
	£

Match/other funding sought:

Funder	Funding Requested	Status
	£	
	£	
	£	

Grants received from Scottish Borders Council or any other funder within the last three years

Date	Project Title	Amount
		£
		£
		£

		£
		£

<b>SBC OFFICER ASSESSMENT</b>	the application meets the criteria of the BBBB fund
<b>Comments</b>	<p>the application scores highly because;</p> <ul style="list-style-type: none"> <li>• it encourages physical activity in young people</li> <li>• increases the number of active hours within a class session</li> <li>• reduces the barriers to participation by allowing funded spaces</li> <li>• demonstrates positive partnership working</li> </ul>
<b>Additional terms and conditions required</b>	<p>the applicant must follow Scottish Government Covid-19 guidance;</p> <p>Recommendations to evaluate impact:</p> <p>If successful, we recommend the applicant include in their funding evaluation:</p> <ul style="list-style-type: none"> <li>• Number of individuals that have accessed funding spots</li> <li>• The progression routes of those that have participated in Bounce Back</li> <li>• Number of young people able to attend sessions due to the increase in trampolines available</li> </ul>